

# The Natural and Safe Weight-Loss Supplement That Gets Results!

**LeptiTrim6 products are designed to work individually or as a team**



These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

## Healthy Living's Editor and Publisher David Steinman Shares His LeptiTrim6 Success Story!



I love LeptiTrim6. As many of our readers know, besides running for Congress to become the first Green Party candidate to reach Washington, I am also a call firefighter trainee-applicant for our local fire station here in California. I've passed almost all my tests and am working

on losing my last five pounds (aren't the last five pounds always the toughest?)

I asked Dr. Anthony Kleinsmith, the world's leading expert on colostrum if he had any products that could help. And I have to say that his LeptiTrim6 system is remarkable. I am about a pound away from reaching my goal. His shakes, combined with LeptiTrim6 cleansing formula and Flex6, are helping me to eat far less than before, and the weight is just falling off. It really is quite amazing. The key is the combination of insulin-like growth factor-1 and highly concentrated leptin. It works. I will attest to that. Everyone is telling me my (I hate to admit) double chin is gone, my tummy is almost flat, and everyone remarks on how thin I look.

I have been keeping a weight-loss journal, which I've been posting on our *Healthy Living* magazine Facebook page. And I invite you to share your inspirational weight-loss success stories with LeptiTrim6 products. This stuff is amazing, and I can't wait until tomorrow to enjoy my next LeptiTrim6 shake. Delicious!

  
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Choosing the right nutritional weight-loss supplement truly can enhance your efforts to shed those extra pounds. And when you see quick results, it provides motivation to stay on track and achieve long-term success. The trick is to be smart about what you choose and go for a safe, natural product that is formulated with ingredients proven to work. A nutritional supplement designed to increase leptin levels in the body is an excellent choice, as increased leptin has been shown to disrupt the mechanisms that can derail your weight-loss plan.

Naturally occurring leptin was originally developed as a supplement to build muscle in animals. However, it was observed that leptin intake was linked to a dramatic reduction in food intake and to as much as a 50 percent reduction in body weight within months. In December 2000, researchers discovered that when leptin works in conjunction with insulin-like growth factor-1 (IGF-1) and other natural cofactors, it can also help restore fat cells to their normal size. IGF-1 directs the body's metabolic process, burning fat, balancing blood sugar and building lean muscle.

A randomized, controlled trial performed in six different obesity clinics looked at the effects of leptin on 73 obese men and women. In the October 1999 issue of the *Journal of the American Medical Association* researchers reported daily use of leptin led to a mean weight loss of 15 pounds in a 24-week treatment period. More than 95 percent of the lost weight was from body fat. Although there was considerable variation in the amount of weight the individual subjects lost during treatment, subjects who took the highest daily doses of leptin clearly lost the most weight.

LeptiTrim6 combines colostrum, which is rich in IGF-1, and natural leptin, making it a unique and powerful weight-loss supplement that is totally natural and safe. Dr. Anthony Kleinsmith is the lead researcher behind LeptiTrim6 diet products and the nation's foremost leader today on first-milking colostrum. He discovered how to produce the leptin-rich colostrum extract that goes into every LeptiTrim6 supplement and product. Dr. Kleinsmith says, "Many studies show that colostrum's natural enveloping of the leptin molecule and other potentially fragile peptides and proteins actually shepherds the compound through the gastrointestinal tract and into the bloodstream where it does the most good." ■



### OVERCOMING OBSTACLES

LeptiTrim6 allows you to overcome the five underlying factors that prevent you from obtaining long-term, successful inch loss, by:

- Safely controlling your appetite
- Cleansing your cravings for sweets
- Burning fat
- Increasing lean muscle
- Balancing body chemistries

**References** Heymsfield SB et al. Recombinant leptin for weight loss in obese and lean adults: a randomized, controlled, dose-escalation trial. *JAMA*. 1999 Oct 27;282(16):1568-75.

Villafuerte BC et al. Expressions of leptin and insulin-like growth factor-I are highly correlated and region-specific in adipose tissue of growing rats. *Obes Res*. 2000 Dec;8(9):646-55.